For free telephone assistance
for dads and moms living apart

TALK TO

PARENT *HELP*

Dial 1-800-716-3468
for free, confidential assistance

---

visit the Parent Help website:
www.parenthelp-ny.org
Ofrecemos servicios en español.

PARENT HELP is a project of
Child Find of America, Inc.,
a national organization working to prevent and resolve child abduction and child abuse. Visit **www.childfindofamerica.org** to learn more about our programs and services

Funding for this PARENT HELP project was provided by the United States Department of Health and Human Services, Administration for Children and Families, Grant: 90FR0020/01. Any opinions, findings, and conclusions or recommendations expressed in this material are those of the author(s) and do not necessarily reflect the views of the United States Department of Health and Human Services, Administration for Children and Families

Dads and Moms...
Living Apart?

Problems Sharing Kids? Custody? Support?
Need info about Visitation, Parenting, Going to Court?

For free telephone assistance
for dads and moms living apart

TALK TO

PARENT *HELP*

Dial 1-800-716-3468
for free, confidential assistance

When dads and moms live apart, it can be hard to talk to each other about...

– The kids –

– Parenting differences –

– Visitation disputes –

– Money and child support issues –

- Small arguments become big battles
- You end up arguing in front of the kids
- Nothing ever changes
- Nothing gets resolved
- Everyone is frustrated
- And you feel like no one listens to you

TALK TO

PARENT *HELP*

Dial 1-800-716-3468

We'll listen.

We'll help you find answers to your questions, and work on solutions to your problems.

You make the call.

It's a free, confidential telephone helpline
You decide what you need help with.

Talk to PARENT *HELP* if you want to...

- Build your parenting skills
- Open lines of communication
- Mediate co-parenting plans
- Find solutions to visitation disputes
- Learn more about your child's development
- Understand custody, child support and the court system

Talk to PARENT *HELP* if you...

- Battle over visitation
- Argue over discipline
- Don't understand child support
- Fear you won't see your child again
- Fight every time you talk about the kids
- Need information about your rights
- Want to be more active in your child's life

PARENT *HELP*

Dial 1-800-716-3468

Call Today!