



NEWS BULLETIN

SUFFOLK COUNTY DEPARTMENT of CIVIL SERVICE OFFICE OF PUBLIC INFORMATION

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For Your Information from...Suffolk County Department of Health Services



PROSTATE CANCER

DO YOU KNOW? Prostate cancer is the most commonly diagnosed cancer in men, and second only to lung cancer in the number of cancer deaths. According to the National Cancer Institute the estimated new cases of prostate cancer in the United State this year is 241,740 and deaths from prostate cancer in the United States is 28,170.

Symptoms

Different people have different symptoms for prostate cancer. Some men do not have symptoms at all, but some of the symptoms of prostate cancer are:

- Difficulty in starting urination.
- Weak or interrupted flow of urine.
- Frequent urination, especially at night.
- Difficulty in emptying the bladder completely.
- Pain or burning during urination.
- Blood in the urine or semen.
- Pain in the back, hips or pelvis that doesn't go away.
- Painful ejaculation.

If you have any symptoms that worry you, be sure to see your doctor right away. *These symptoms may be caused by conditions other than prostate cancer.*

Are there tests that can find prostate cancer early? Tests commonly used to screen for prostate cancer are:

- Prostate specific antigen (PSA) test: PSA is a substance made by the prostate. The PSA test measures the level of PSA in the blood, which may be higher in men who have prostate cancer. However, other conditions such as enlarged prostate, prostate infections, and certain medical procedures also may increase PSA levels.
- Digital rectal exam (DRE): a health care provider checks the size and shape of the prostate.

For more information including the **risk factors** for prostate cancer: *1-800-CDC-INFO (232-4636)*,
www.cdc.gov/cancer/prostate <http://www.cancer.gov/cancertopics/types/prostate>
<http://www.cancer.org/cancer/prostatecancer/index>