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NEWS FROM THE 11TH DISTRICT



OCTOBER IS BREAST CANCER AWARENESS MONTH

Many times women are so busy caring for their families that they put their own health on hold forgetting to schedule a mammogram.

Suffolk County Legislator Tom Barraga (R-West Islip) would like to take this opportunity to remind you that “When you take care of yourself, you’re taking care of your family.”

To find out how to get a free or low-cost mammogram or to speak with someone about breast cancer concerns “who has been there” call the Adelphi Breast Cancer Hotline today at: 800-877-8077.